**Strand: Protecting Yourself, Your Family and Your Community**

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| 4 - Exceeding | 3 - Meeting | 2 - Approaching | 1 - Working Below |
| Accurately defines pollutions and lists its sources, means of reduction and methods of control. | Reliably defines pollutions and lists its sources, means of reduction and methods of control. | With defines pollutions and lists its sources, means of reduction and methods of control. | Is not able to define pollutions and lists its sources, means of reduction and methods of control. |
| Consistently and confidently discusses how personal behaviours and choices may affect safety of self and/or others. | Usually and with some confidence discusses how personal behaviours and choices may affect safety of self and/or others. | Occasionally and with some hesitation discusses how personal behaviours and choices may affect safety of self and/or others. | Never discusses how personal behaviours and choices may affect safety of self and/or others. |
| Regularly lists techniques used to lure children. | Routinely lists techniques used to lure children. | Partially lists techniques used to lure children. | Hardly ever lists techniques used to lure children. |

**Strand: Personal Wellness**

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| 4 - Exceeding | 3 - Meeting | 2 - Approaching | 1 - Working Below |
| Frequently engages in healthy eating and physical activity practices to enhance his/her daily life. | Generally engages in healthy eating and physical activity practices to enhance his/her daily life. | Sometimes engages in healthy eating and physical activity practices to enhance his/her daily life. | Rarely engages in healthy eating and physical activity practices to enhance his/her daily life. |
| Regularly identifies the various influences on body shape and size. | Routinely identifies the various influences on body shape and size. | Partially identifies the various influences on body shape and size. | Hardly ever identifies the various influences on body shape and size. |

**Strand: Growth and Development**

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| 4 - Exceeding | 3 - Meeting | 2 - Approaching | 1 - Working Below |
| Consistently labels structures and explains functions of the digestive system. | Usually labels structures and explains functions of the digestive system. | Occasionally labels structures and explains functions of the digestive system.  | Seldom labels structures and explains functions of the digestive system. |
| Consistently states the importance of proper personal hygiene practices for maintaining one’s health.  | Easily states the importance of proper personal hygiene practices for maintaining one’s health. | Partially states the importance of proper personal hygiene practices for maintaining one’s health. | Not able to state the importance proper personal hygiene practices for maintaining one’s health. |
| Regularly lists body changes and demonstrates and acceptance for individual, physical and cultural differences.  | Routinely lists body changes and demonstrates and acceptance for individual, physical and cultural differences. | Partially lists body changes and demonstrates and acceptance for individual, physical and cultural differences. | Hardly ever body changes and demonstrates and acceptance for individual, physical and cultural differences. |

**Strand: Use, Misuse and Abuse of Materials**

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| 4 - Exceeding | 3 - Meeting | 2 - Approaching | 1 - Working Below |
| Regularly describes how media messages influences health-related product use and selection.  | Routinely describes how media messages influences health-related product use and selection. | At times describes how media messages influences health-related product use and selection. | Hardly ever describes how media messages influences health-related product use and selection. |
| Consistently defines and compares the meaning of addiction, abuse, misuse and proper use in terms of legal drugs.  | Usually defines and compares the meaning of addiction, abuse, misuse and proper use in terms of legal drugs. | Occasionally defines and compares the meaning of addiction, abuse, misuse and proper use in terms of legal drugs. | Never defines and compares the meaning of addiction, abuse, misuse and proper use in terms of legal drugs. |
| Regularly describes environmental sensitivities and allergies. | Routinely describes environmental sensitivities and allergies. | Partially describes environmental sensitivities and allergies. | Hardly ever describes environmental sensitivities and allergies. |